

# What is Icing? Common Hockey Questions Answered

Hockey is a fast-paced and exciting sport, but it can also be confusing for new fans. One of the most common questions is: what is icing?



## What is Icing?: Common Hockey Questions Answered

by Eliane Kurbegov

★★★★☆ 4.8 out of 5

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Icing is a rule in hockey that prevents players from shooting the puck from their own half of the ice over the other team's goal line and into the net. The purpose of this rule is to prevent teams from simply dumping the puck into the other team's zone and hoping for a lucky bounce. Icing is also used to prevent players from intentionally delaying the game.

### How does icing work?

Icing is called when a player shoots the puck from behind their own goal line over the other team's goal line and into the net without it being touched

by another player. The puck must cross the goal line before the opposing team's goaltender touches it.

There are two types of icing:

- **Hybrid icing:** This is the most common type of icing. In hybrid icing, the puck must cross the goal line before the opposing team's goaltender reaches the face-off dot in the attacking zone. If the puck crosses the goal line first, the play is blown dead and a face-off is held at the face-off dot in the neutral zone.
- **Offside icing:** This type of icing is called when the puck crosses the goal line before the attacking player reaches the face-off dot in the attacking zone. If the puck crosses the goal line first, the play is blown dead and a face-off is held at the face-off dot in the defending zone.

### **What are the different types of icing?**

There are three main types of icing:

- **Regular icing:** This is the most common type of icing. It occurs when the puck is shot from behind the defending team's goal line and crosses the attacking team's goal line without being touched by another player.
- **Offside icing:** This occurs when the puck is shot from behind the defending team's goal line and crosses the attacking team's goal line after the attacking player has entered the attacking zone.
- **Delayed icing:** This occurs when the puck is shot from behind the defending team's goal line and crosses the attacking team's goal line

after the attacking player has entered the attacking zone, but before the puck has crossed the attacking team's goal line.

## **What are the penalties for icing?**

The penalty for icing is a face-off in the neutral zone. If the icing is called on the attacking team, the face-off is held at the face-off dot in the attacking zone. If the icing is called on the defending team, the face-off is held at the face-off dot in the neutral zone.

## **What are the exceptions to the icing rule?**

There are a few exceptions to the icing rule. These exceptions include:

- If the puck is shot from behind the defending team's goal line and hits the post or crossbar, the play is not considered icing.
- If the puck is shot from behind the defending team's goal line and is tipped by a defending player, the play is not considered icing.
- If the puck is shot from behind the defending team's goal line and is deflected by a player on the attacking team, the play is not considered icing.

Icing is a complex rule, but it is an important one for understanding hockey. By understanding how icing works, you can enjoy the game more and make better decisions as a player or fan.

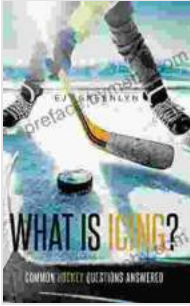
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