

# The Clock Mirage: Our Myth of Measured Time

By James Gleick

What is time? We all have a sense of it, but can we really define it? Is it a real thing, or is it just a human construct? In his fascinating and thought-provoking book, *The Clock Mirage*, author James Gleick argues that our concept of time is not a natural or objective reality, but rather a human construct that has been shaped by our culture, our technology, and our own biology.



## The Clock Mirage: Our Myth of Measured Time

by Joseph Mazur

★★★★☆ 4.1 out of 5

Language : English  
File size : 2574 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 269 pages



Gleick begins by exploring the history of time measurement. He shows how our earliest ancestors used the sun, the moon, and the stars to track the passage of time. As civilizations developed, people began to invent more sophisticated timekeeping devices, such as sundials, water clocks, and mechanical clocks. But even these devices were not able to measure time with perfect accuracy.

In the 19th century, scientists developed the atomic clock, which is the most accurate timekeeping device ever invented. Atomic clocks are so precise that they can measure time to within a billionth of a second. But even atomic clocks are not perfect. They are still subject to the laws of physics, which means that they will eventually lose accuracy.

Gleick argues that our obsession with accurate timekeeping is a relatively recent phenomenon. For most of human history, people did not need to know the time with great precision. But as societies became more complex, and as technology advanced, the need for accurate timekeeping grew. Today, we live in a world that is governed by clocks. We schedule our days, our appointments, and our entire lives around the clock. But Gleick argues that this obsession with time is actually making us less happy and less productive.

Gleick concludes by arguing that we need to rethink our relationship with time. We need to learn to appreciate the present moment and to live our lives in a more relaxed and spontaneous way. *The Clock Mirage* is a fascinating and thought-provoking book that will change the way you think about time.

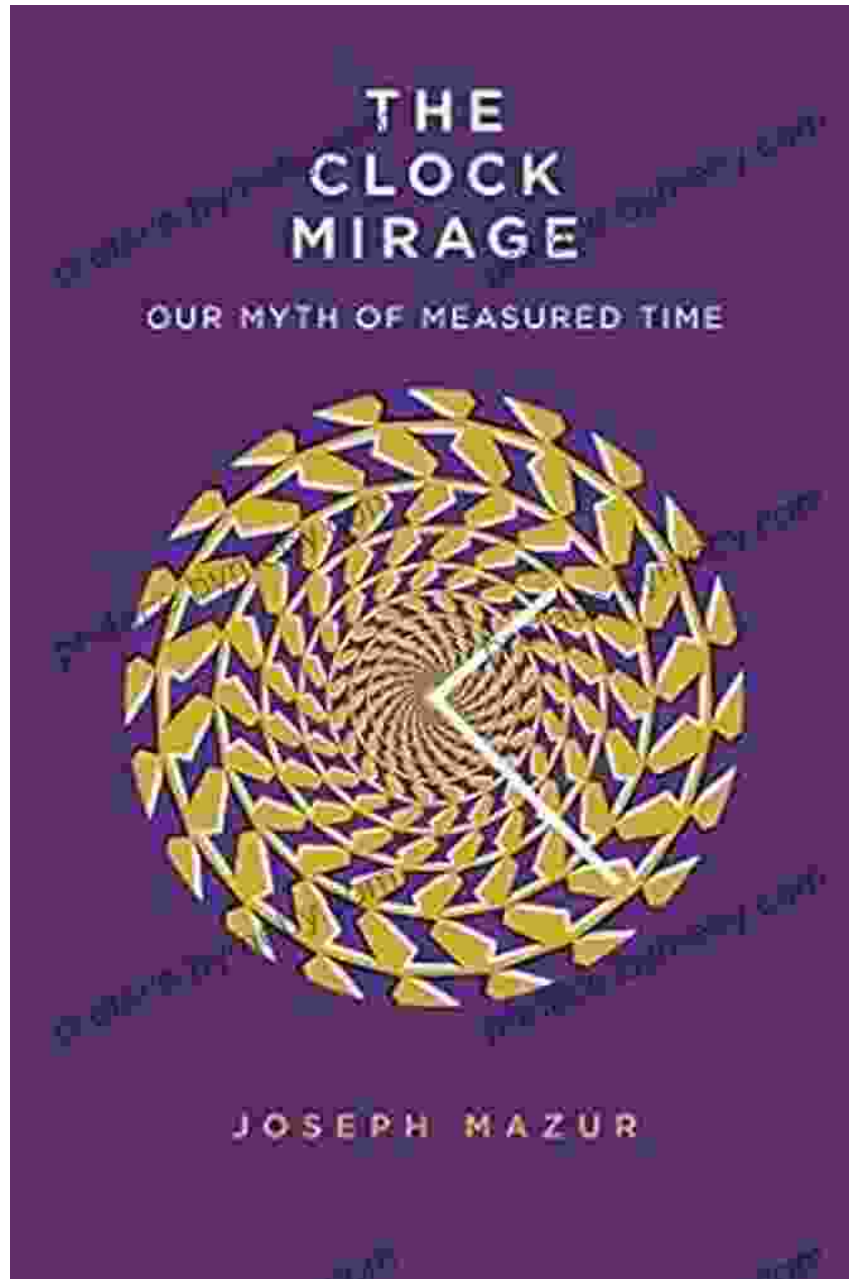
## **Reviews**

"The Clock Mirage is a brilliant and provocative book. Gleick challenges our most fundamental assumptions about time, and he shows how our obsession with accurate timekeeping is actually making us less happy and less productive. This book is a must-read for anyone who wants to understand the true nature of time." - Steven Pinker, author of *The Language Instinct* and *Enlightenment Now*

"The Clock Mirage is a fascinating and thought-provoking book. Gleick writes with clarity and wit, and he makes a compelling case that our concept of time is not a natural or objective reality, but rather a human construct. This book is highly recommended for anyone who is interested in the nature of time, or in the history of science." - Sean Carroll, author of The Big Picture and Something Deeply Hidden

**Free Download your copy today!**

The Clock Mirage is available now from all major bookstores. Free Download your copy today and start exploring the true nature of time.



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