

From Heartbreak to Healing: A Mother and Daughter's Journey Through Autism

In 2003, my daughter, Emily, was diagnosed with autism. I was heartbroken. I didn't know what autism was, and I didn't know what the future held for my daughter.



I Am Intelligent: From Heartbreak to Healing--A Mother and Daughter's Journey through Autism by Peyton Goddard

★★★★☆ 4.9 out of 5

Language	: English
File size	: 648 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 293 pages
Lending	: Enabled



I spent the next few years in a fog of grief and uncertainty. I mourned the loss of the child I thought I would have, and I struggled to come to terms with the reality of Emily's diagnosis.

But over time, I began to heal. I learned more about autism, and I began to see Emily for the amazing person she is. I realized that she was not defined by her diagnosis, and that she had a bright future ahead of her.

This book is the story of our journey from heartbreak to healing. It is a story of love, loss, and hope. It is a story that will inspire you to never give up on

your child, no matter what challenges you face.

Chapter 1: The Diagnosis

I remember the day Emily was diagnosed with autism like it was yesterday. We were sitting in the doctor's office, and the doctor was explaining to us what autism is. I felt like my world was falling apart.

I didn't know what autism was, and I didn't know what the future held for my daughter. I was scared and confused, and I didn't know where to turn.

But over time, I began to learn more about autism, and I began to see Emily for the amazing person she is. I realized that she was not defined by her diagnosis, and that she had a bright future ahead of her.

Chapter 2: The Journey

The journey from heartbreak to healing was not easy. There were many times when I wanted to give up. But I never did, because I knew that Emily needed me.

I learned to be patient and understanding. I learned to celebrate Emily's successes, no matter how small. And I learned to never give up on her.

Along the way, I met other parents who were also on the autism journey. We shared our stories and our support, and we helped each other through the tough times.

Chapter 3: The Healing

Over time, I began to heal. I learned to accept Emily for who she is, and I began to see the beauty in her autism.

I realized that Emily is a gift, and that I am lucky to be her mother. She has taught me so much about love, patience, and acceptance.

I am no longer heartbroken about Emily's autism. I am grateful for the journey that we have been on together. And I know that we will continue to grow and learn from each other for many years to come.

Epilogue

I hope that this book will inspire you to never give up on your child, no matter what challenges you face. Autism is not a death sentence. It is simply a different way of being.

With love, patience, and understanding, you can help your child reach their full potential. And you will find that the journey is worth every step.



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