

Alexandra Trusova: The Girl Who Defies Gravity

Alexandra Trusova is a Russian figure skater who has taken the world by storm. At just 16 years old, she has already won two world championships and is the first woman to land a quadruple jump in competition. Trusova is known for her incredible athleticism and her fearless approach to skating. She is a true pioneer in the sport, and her story is an inspiration to everyone who dreams of achieving greatness.



Alexandra Trusova. The Girl Who Defies Gravity: And Changes the World of Woman's Figure Skating (Sport Stars Book 1) by Elena Zotova

★★★★☆ 4.8 out of 5

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Trusova was born in Ryazan, Russia, in 2004. She began skating at the age of four, and quickly showed a natural talent for the sport. She won her first national championship at the age of 10, and made her international debut at the age of 12. Trusova quickly rose through the ranks, and in

2018, she became the youngest woman to win the world junior championships.

In 2019, Trusova made history by becoming the first woman to land a quadruple jump in competition. She performed the jump at the Rostelecom Cup, and it was a truly remarkable moment. Trusova's jump was technically perfect, and it showed the world that she is a force to be reckoned with.

Trusova's success is due to her incredible athleticism and her fearless approach to skating. She is not afraid to try new things, and she is always pushing the boundaries of what is possible. Trusova is also a very hard worker, and she spends countless hours practicing her craft.

Trusova is an inspiration to everyone who dreams of achieving greatness. She shows us that anything is possible if we work hard and never give up on our dreams. Trusova is a true pioneer in the sport of figure skating, and she is destined to achieve even greater things in the years to come.



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