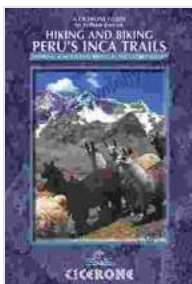


40 Trekking and Mountain Biking Routes in the Sacred Valley: Your Essential Companion for Adventure

Nestled amidst the towering Andes Mountains, Peru's Sacred Valley is a tapestry of natural beauty and ancient history, beckoning adventurers and nature enthusiasts alike. With its verdant valleys, shimmering rivers, and enigmatic ruins, the Sacred Valley offers a unique and unforgettable experience.

Our meticulously crafted guidebook, "40 Trekking and Mountain Biking Routes in the Sacred Valley," is your indispensable companion for exploring this extraordinary region. Whether you're an experienced trekker seeking challenging ascents or a mountain biker eager to conquer rugged trails, this guide has something for every level of adventurer.

Lace up your hiking boots and embark on a journey through the heart of the Sacred Valley. Our comprehensive guide features 20 carefully curated trekking routes, ranging from gentle day hikes to multi-day expeditions that will test your limits.



Hiking and Biking Peru's Inca Trails: 40 trekking and mountain biking routes in the Sacred Valley (Cicerone

Guides) by Robert Arellano

★★★★☆ 4.6 out of 5

Language : English

File size : 33304 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled
Print length : 413 pages



- **The Inca Trail to Machu Picchu:** Hike the iconic Inca Trail to the lost city of Machu Picchu, marveling at its ancient ruins and breathtaking mountain vistas.
- **Salkantay Trek:** Experience the alternative route to Machu Picchu, where you'll traverse high passes, cross lush cloud forests, and witness glaciers up close.
- **Lares Trek:** Discover the hidden wonders of the Lares Valley, home to picturesque villages, pristine lakes, and steaming hot springs.
- **Ausangate Trek:** Challenge yourself with this demanding trek to Ausangate, the highest peak in Cusco, and enjoy panoramic views of the surrounding mountains.
- **Choquequirao Trek:** Trek to the "cradle of gold," Choquequirao, a lesser-known but equally impressive Inca site nestled deep in the canyons of the Apurímac River.

If you crave adrenaline and breathtaking scenery, our guide offers 20 exhilarating mountain biking routes that will push your limits.

- **The Urubamba Gorge Trail:** Navigate the rugged terrain of the Urubamba Gorge, winding through narrow canyons and crossing suspension bridges.

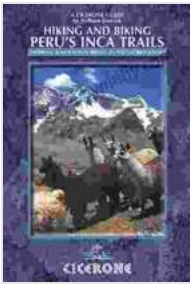
- **The Moray Trail:** Cycle through the experimental agricultural terraces of Moray, marveling at the ancient Inca farming techniques.
- **The Pisac Trail:** Explore the vibrant town of Pisac and climb to its towering ruins on this challenging mountain biking trail.
- **The Ollantaytambo Trail:** Ride along the Inca Trail near Ollantaytambo, passing by ancient ruins and terraced hillsides.
- **The Inca Quarry Trail:** Discover the quarries where the giant stones for Machu Picchu were sourced on this adventure-filled trail.

Our guidebook is more than just a collection of routes; it's a comprehensive resource for planning your adventure in the Sacred Valley. Inside, you'll find:

- Detailed maps and elevation profiles for all routes
- Clear and concise route descriptions
- Practical advice on accommodation, transportation, and safety
- Insightful cultural and historical information

Whether you're a seasoned hiker or a mountain biking enthusiast, our guide to the Sacred Valley is your key to unlocking an unforgettable adventure. Immerse yourself in the breathtaking scenery, embrace the rich culture, and create memories that will last a lifetime.

Free Download your copy today and embark on a journey that will transform your perception of adventure!



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